

➤ **SELF-DEFENCE**

A workshop on self defence for women was organized in the college campus by Netaji Subhash Engineering College Employees' welfare association. It was conducted by 7th Chakra Arts for Self Preservation (7CASP), Kolkata. The chief instructor was Sifu Satyaki Gupta. Named after nirbhaya, this campaign sought to teach girls the meaning and application of self-defence when required.



➤ **Yoga camp**

A yoga camp was organized in the college campus in association with NGO HANUMANT WELFARE SOCIETY. Students from different streams participated in the event. A camp like this was necessary to live in peace for some time after the hectic and stressful lives we are all in.



➤ **Old Age Home Visit**

The students of Biomedical Engineering department also participated in the old age home visit, little sisters of the poor to help the old people there. They had gone there, talked with them and spent some time, to minimize a little of the loneliness that they always endure, and their blessing was what mattered the most.

